

**NuMEDICA®**  
ACHIEVING PHYSIOLOGICAL BALANCE

# Power Greens

## Supercharge Your Diet!

- Sugar Free - Diabetic Safe
- No Stimulants or Caffeine
- Helps Alkalize the Body & Balance pH
- Detoxification of Body Systems
- Improve Immune Function
- Powerful Antioxidant Benefits
- Almost 50 Different Super Foods
- No Wheat, Dairy, Preservatives, or MSG
- Enzymes, Probiotics & Fiber For Digestion

**High ORAC Value**

**Mint | Chocolate | Berry**



With the fast paced lifestyle of most people it is practically impossible to maintain a good healthy diet. POWER GREENS makes it possible. POWER GREENS supplies a super blend of completely natural vitamins, ionic trace minerals, enzymes, antioxidants, phytonutrients and symbiotic intestinal flora. Designed for maximum energy, metabolism, digestion, detoxification, immunity, revitalization, and longevity.

Most people today do not eat a properly balanced diet. Fast foods have become the cornerstone of the American diet. Delicious POWER GREENS provides the necessary ingredients for a super-charged dietary supplement drink that makes it easy to get what our body really needs on a daily basis, and most of all, it is really good for you and tastes great!

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

## Power Greens

**Directions:** Add one scoop of **Power Greens** to 8 ounces of water and stir. After opening keep refrigerated for maximum freshness.

**ORAC (Oxygen Radical Absorbance Capacity)** is a method of measuring antioxidant capacities of different foods. Antioxidants are essential to good health. High antioxidant capacity is believed to play an important role in the elimination of free radicals—a major part of the theory of anti-aging—and in the achievement of physiological balance.

**Each scoop of Power Greens** with 20,000+ ORAC is guaranteed by assay to provide the antioxidant power of **45 servings of fruits and vegetables**. The USDA recommends ORAC unit ingestion of 3,000-5,000 ORAC units daily.

**Power Greens** is an easy mixing, great tasting and energizing “phyto-nutrient” powder mix loaded with certified organic, whole food plant extracts. It also supplies a super blend of completely natural vitamins, ionic trace minerals, enzymes, antioxidants, phyto-nutrients and symbiotic intestinal flora for maximum energy, metabolism, fat burning, digestion, detoxification, immunity, repair, recovery, revitalization, and longevity.

## Power Fruits and Veggies

**DIRECTIONS:** Mix one scoop (10 g) in 8 ounces of water and stir briskly.

**Power Fruits and Veggies for Kids** is a delicious and nutritious super food drink for children and adults. Formulated with a dozen different berries and more than 50 wholesome ingredients including Mangosteen, Noni, Açai, and Gogi.

Each scoop of **Power Fruits and Veggies for Kids** with 8,000 ORAC is guaranteed by assay to provide the antioxidant power of 20 servings of fruits and vegetables. The USDA recommends ORAC unit ingestion of 3,000-5,000 ORAC units daily.

Each serving also provides:

- Natural vitamins, minerals and antioxidants
- Essential fatty acids (omega 6 & 9) from Açai berries
- Probiotics and enzymes to aid in digestion\*

**ORAC (Oxygen Radical Absorbance Capacity)** is a method of measuring antioxidant capacities of different foods. Antioxidants are essential to good health. High antioxidant capacity is believed to play an important role in the elimination of free radicals and in the achievement of physiological balance.

## Supplement Facts

Serving Size: 10g (one scoop)  
Servings per container: 30

Amount Per Serving  
**Calories: 49**



% of Daily Value

**Total Fat** 2.6g 4%

Saturated Fat 0.5g 2.5%

**Cholesterol** 0g 0%

**Sodium** 20mg 0.83%

**Total Carbohydrates** 5g 1.66%

Dietary Fiber 1g 4%

Sugar 1g \*

**Protein** 1g 4%

Amount Per Serving

**Greens Blend - \*2010 mg**

Barley grass juice powder (certified organic) Chorella (Japanese cracked cell wall) Spirulina (certified organic) Alfalfa Concentrate™ Ionic Trace Minerals (Proprietary Blend)

**Vegetable Blend - \*2000 mg**

(certified organic) Carrot Juice Powder, Broccoli Juice Powder, Cauliflower Juice Powder, Spinach Juice Powder, Parsley Juice Powder.

Amount Per Serving

**Fiber Blend - \*2050 mg**

SDG Flax Lignans Concentrate (Certified Organic), Oat Betaglucan (Certified Organic) Apple Fiber Pectin, Sprouted Barley Malt (Certified Organic)

**Antioxidant Blend - \*1525 mg**

Mangosteen Extract, Acerola Cherry Powder, Milk Thistle Seed Extract (80% Silymarin) Red Beet Root (C. Org) Aloe Vera Leaf Powder (Certified Organic), Pomegranate, Turmeric Rhizome Ext. (85% Curcuminoids) Atlantic Kelp Powder (Certified Organic) Green Tea Extract Decaf (60% Polyphenols) Quercetin (98% Dihydrate), Polygonum Cuspidatum (Trans Resveratrol 50%), Red Wine Extract, Grape Seed Extract, Blueberry Leaf Extract, Vegetable & Fruit Extract (Antioxidant Blend)

**Enzyme Blend - \*200 mg**

Bromelain Extract (600 GDU Per Gm) Papain, Protease, Amylase Lipase, Cellulase, Lactase.

**Probiotics (Dairy-Free) \*200 mg**

L. Acidophilus, B. Longum, L. Casei, Rhamnosus

**Lecithin (Non GMO) \*1800 mg**

Phosphatidylethanolamine, Phosphatidylcholine

**Licorice Root Extract \*10 mg**

**Other Ingredients:** Stevia, Citric Acid, Cinnamon Powder, Natural Spearmint Flavor.

Contains no: Dairy, soy protein, wheat, artificial colors, flavors, sweeteners, preservatives or fillers. No sugar added.

**Contents sold by weight not volume. Some settling may occur.**

Statements made on this label have not been evaluated by the FDA, nor are they intended to diagnose, treat or cure any disease.

**\* Daily Value not established**

Power Greens Mint also contains: Natural Spearmint Flavor  
Power Greens Berry also contains: Natural Blue Berry Flavor

## Supplement Facts

Serving Size: 10g (1 scoop)  
Servings Per Container: 30

Amount %Daily Value\*

Calories 40

Calories from Fat 5

Total Fat < 1 g < 1%

Cholesterol 0 g 0%

Sodium 20 mg < 1%

Total Carbohydrates 9 g < 3%

Dietary Fiber 1 g 4%

Sugars (not added) 3 g

Protein 0.5 g 1%

\* Percent Daily Value based on a 2,000 calorie diet

\*\* Daily value not established.

Amount per Serving

**Berry Antioxidant Blend 1670 mg**

Black raspberries, red raspberries, blackberries, black cherry extract, blueberry leaf extract, cranberries, bilberry extract, strawberries, wild blue berry extract.

**Fruit Antioxidant Blend 1650 mg**

Plums, papaya fruit, kiwi, watermelon, radish, purple cabbage, beet root powder.

Amount per Serving

**Antioxidant Blend 1970 mg**

Açai, goji, mangosteen, pomegranate extract, noni juice extract, carrot, quercetin, acerola cherry powder, non-alcoholic red wine extract, green tea extract, red grape seed extract, resveratrol extract (125% extract), citric acid, natural berry & cherry sif, stevia.

**Detox Blend 2000 mg**

Bromelain (800 GDU/GM), tumeric extract, milk thistle (80% silymarin), prune extract, aloe leaf, ginger root, apple pectin, oat betaglucan.

**Enzymes & Probiotics 2710 mg**

Protease, amylase, lipase, cellulase, lactase, papain, Lactobacillus acidophilus, Lactobacillus casei, Bifidobacterium breve, Bifidobacterium rhamnosus, fructooligosaccharides.

**Contains no:** Wheat, dairy, soy or MSG.

**This Product Meets or Exceeds GMP Quality Standards.**

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