

PC CoQ10



Clinical Applications

- Supports Healthy Plasma/Tissue CoQ10 Levels Reduced by Aging & Clinical Conditions*
- Supports Health/Functioning of the Cardiovascular System*
- Supports Neuromuscular and Central Nervous System Health*
- Supports a Healthy Immune System*
- Supports Healthy Gums*

Be Well. Stay Well. Age Well.

*PC CoQ10 is an all-natural, proprietary, crystal/solvent-free, and lipid-stabilized CoQ10 shown in clinical trials to be more than eight times as absorbable as powdered forms of CoQ10 and more than twice as bioavailable as oil-based or "nano" formulas. PC CoQ10's proprietary five-lipid blend carrier is a formulation for optimal utilization in the support of cardiovascular, CNS, immune, and energy-based health needs.**

All Phillips Clinic Formulas Meet or Exceed cGMP Quality Standards

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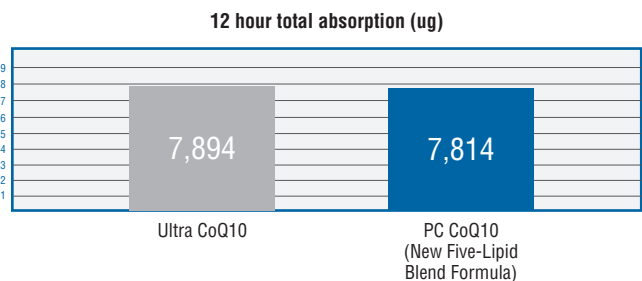
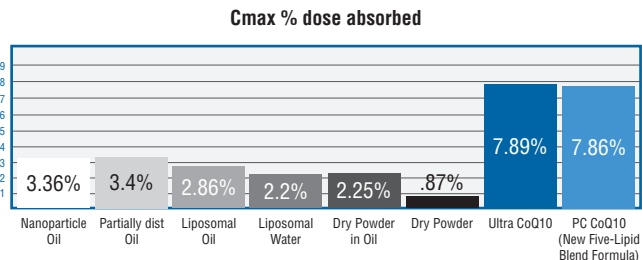
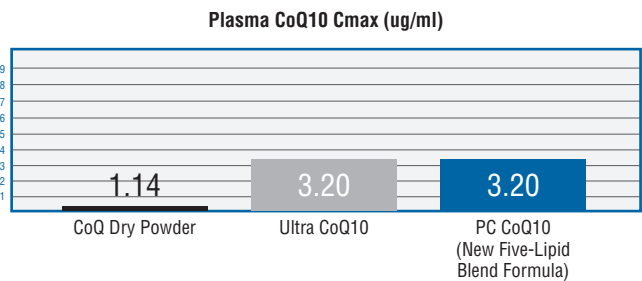
Discussion

Coenzyme Q10 is a biologically active, natural vitamin-like substance belonging to a group of compounds called ubiquinones. Structurally similar to vitamin K, it is present in animal protein and can be synthesized in the body. However, a variety of factors, including aging, may cause a CoQ10 depletion.

Despite its poor absorption (0.6-1.0%), pure crystalline (powdered) CoQ10 was the industry standard from the 1970s to the mid-1990s. A variety of forms and delivery systems offering somewhat improved absorption (2.3-5%) have entered the market since 1995; however, these forms have been unstable and crystallized, making them difficult for the body to absorb.

Like its predecessor, Ultra CoQ10, PC CoQ10 represents a new generation of CoQ10 supplements. Unlike many others in today's marketplace, this generation is crystal-free when examined by a light microscope. This soy-free formulation contains five lipids to aid in dissolving CoQ10 crystals into single molecules, stabilizing the formula to prevent re-crystallization, and facilitating passive diffusion to enhance absorption.*

Absorption involves several phases in the movement of CoQ10 through a portion of the digestive tract, into the lymphatics, and into general circulation, where it becomes bioavailable. Absorption is reflected by the time-based changes in the amount of CoQ10 appearing in the blood plasma after the ingestion of a single known dose. Bioavailability refers to the amount of CoQ10 accumulated in the blood plasma over an extended time after taking a known constant daily dose.



*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

PC CoQ10



Supplement Facts

Serving Size: 1 Softgel
Servings Per Container: 60

	Amount Per Serving	%Daily Value
Calories	10	
Calories from Fat	10	
Total Fat	1.5 g	2%†
Coenzyme Q10 (as ubiquinone)(Kaneka Q10™)	100 mg	**

** Daily Value not established.
†Percent Daily Values are based on a 2,000 calorie diet.

Directions

Take one softgel one to two times daily, or as directed by your healthcare practitioner. Optimal results may be achieved by consuming with meals that contain fat.

Children and pregnant or lactating women should consult their healthcare practitioner prior to use. Do not use if tamper seal is damaged.

Other Ingredients: Proprietary blend of palmitic acid, oleic acid, and linoleic acid, safflower oil (non-GMO), medium-chain triglycerides, gelatin, vegetable glycerin, and annatto.

References

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Does Not Contain

Wheat, gluten, corn, yeast, soy, dairy products, fish, shellfish, peanuts, tree nuts, egg, artificial colors, artificial sweeteners, or preservatives.

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