

# Are you protecting the system that protects you?



### The Problem with Nutrition Today

Wellness. It's something everyone strives for.

Most of us know that getting the proper nutrition, rest and exercise is a good way to stay as healthy as we can for as long as we can. But when we're bombarded every day with stress and the lack of time to make good choices—it's no wonder our diets fall short!

Your immune system is especially susceptible to poor nutrition choices.

Scientists believe more than 70% of your immune system is in your digestive system—making it incredibly important to take care of.

#### How can we fill the gap?

To help fill the nutritional gap in our diets today, and to help our immune system support our health, Mannatech scientists created a revolutionary formula called Ambrotose complex. Introduced in 1996, it was one of the world's first dietary supplements based on plant polysaccharides.\*

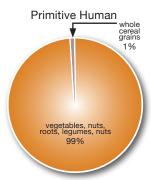
Some plants (like aloe vera) are sources of these polysaccharides, but these plants are not typically consumed by us today.

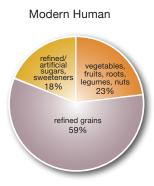
Mannatech's Ambrotose complex harvested thousands of years of traditional wisdom and the latest scientific breakthroughs to unite the health-supporting components of these plant nutrients.

In the past 12 years, our Ambrotose products have been so successful that over 4.5 million units have been sold in 12 countries.

## Can we get these plant polysaccharides from the foods we typically eat?

Not really. A key component of Ambrotose products is stabilized aloe vera gel polysaccharides. Other healthful saccharides—from brown algae and plant gums—are much less common in our modern diets than they were in the past.





And very few of us eat enough fruit and vegetables—which are additional sources of plant fibers and saccharides. Only 11% of U.S. adults meet the guidelines for recommended fruit and vegetable intake,\*\* so it's imperative to take supplements to get the nutrition you need.

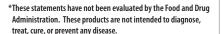
Laboratory studies suggest that Ambrotose products exert prebiotic, digestive and immune system effects—helping your body to function optimally.\*

Mannatech believes that Ambrotose products are beneficial for just about everyone.\*

\*\*\*"Have Americans increased their fruit and vegetable intake? The trends between 1988 and 2002."

Am J Prev Med. 2007 Apr. 32(4): 257-63.







Our Ambrotose® complex is Mannatech's pioneering blend of several plant polysaccharides and gums that truly revolutionized the dietary supplement industry.

#### What are the benefits of Ambrotose products?

Mannatech's Ambrotose products:

- Deliver nutrients not typically found in our modern diet, yet important for optimal health.\*
- Provide support of digestive system function and promote gastrointestinal health.\*
- Benefit cognitive brain function.\*
- Aid in immune system health. \*

#### What is Ambrotose complex?

Mannatech's Ambrotose complex is an original blend of several plant polysaccharides and gums that truly revolutionized the dietary supplement industry.

## Mannatech's Ambrotose products are:

- Plant- and naturally sourced
- Cutting-edge technology
- Gluten free
- NSF International Certified (an independent third party agency that develops standards and certifies products in more than 100 countries)
- Manufactured in conformance with federally established GMPs (Good Manufacturing Practices)
- 100% satisfaction guarantee+

\*If not completely satisfied, contact Customer Care and return the product within 180 days for a full refund. See section 5.13 of the Associate Policies and Procedures or Mannatech.com for full details.



#### What are Advanced Ambrotose® capsules?

Mannatech's Advanced Ambrotose capsules contain the latest technology and are the most recent in our line of Ambrotose products.

This breakthrough formula combines the original arabinogalactan and saccharides found in Ambrotose complex with fucoidan-rich *Undaria pinnatifida*, a brown seaweed harvested from the clear waters off the coasts of Tasmania and Patagonia, for more fucoidans per serving than any other Mannatech product.

Currently, two products are available: Ambrotose complex and Advanced Ambrotose capsules. Both formulations aid in immune health, are gluten-free and are available in capsule and powder form. However, Advanced Ambrotose products are suitable for vegetarians and those practicing a kosher lifestyle.\*

#### Take your first step toward wellness today.

Find out more about our company, our complete product line and the opportunities that await from the Mannatech Associate who shared this brochure with you.

Much more personal and informative than any experience you'll find in traditional retail stores, our network of Associates care deeply about the value that our life-changing health, weight and fitness and skin care products bring. Our Associates are passionate about sharing physical and financial wellness with others.

For more information, contact me today!